

What do you need?

To relax?

Swedish Relaxation
Craniosacral Therapy
Hot Stone Massage
Reflexology w/Craniosacral Therapy

Someone to "Get That Knot Out?"

Swedish Therapeutic w/Myofascial Release

Migraine, TMJ, fatigue relief?

Craniosacral Therapy
Kinesiotaping Session (coming soon!)

Support for weak and/or sore area?

Craniosacral Therapy
Kinesiotaping Session (coming soon!)

A quick "Pick Me Up"?

Aromatherapy Treatment
Craniosacral Therapy
Chair Massage

Something invigorating and detoxifying?

Aromatherapy Treatment
Craniosacral Therapy
Hot Stone Massage

An office moral booster?

An afternoon of on-site chair massage

A business incentive or gift?

A pre-paid massage certificate

A speaker for a meeting?

A 30 minute presentation w/chair massage

First Timer COUPON



Bring this coupon in for a free

10 minute Chair Massage with the
purchase of any essential oil.



metabolic balance

607 Celebration Avenue. Celebration, FL 34747

Individualized weight loss programs based on your metabolic needs!



ROSEWOOD HOLISTIC HEALTH LLC

Monica Leibacher, BS.Ed, LMT
MA 53274

www.rosewoodmassage.com
monica@rosewoodmassage.com

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Celebration, FL 34747
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ROSEWOOD HOLISTIC HEALTH LLC

*Craniosacral Therapy / Hot Stone Certified
Aromatherapy / Swedish and Chair Massage
Young Living Independent Distributor*



Monica Leibacher, BS.Ed, LMT
MAS3274

Graduate of Central Florida School of Massage Therapy, Monica entered into the massage therapy field after a successful 10 year teaching career. She seeks to incorporate her fondness for participating in sports and her education background to offer therapy, suitable for all ages, which augments traditional medicine.

Monica is a member of IAHP and FSMTA as well as a member of the FSMTA Sports Massage Team. She offers relaxation, therapeutic, sports, and chair massage all of which incorporate Myofascial and Trigger Point Release techniques when indicated; she is a certified Hot Stone Therapist; and she is currently pursuing higher training in Craniosacral Therapy and Aromatherapy. She is motivated to maintain high credentials and committed to provide the best in massage therapy and its various modalities for her clients. Therapy can touch tranquility!

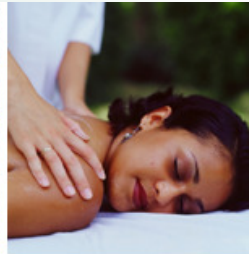
Top left: 10K running debut back in 1988, Bottom left: Family support at the Finish Line, Center Top and Middle: Her game face, Center Bottom: A winning team, Right: Division Champ



How can massage help?

A few of the numerous massage benefits are:

- lengthening and stretching shortened muscle fibers, releasing trigger points and spasms
- pumping and flushing the body's lymphatic, muscular, craniosacral, and cardiovascular systems



- systematically activating the parasympathetic nervous system thereby reducing blood pressure, stress load, and the fight/flight response
- bolstering body defenses against environmental attacks and maintaining overall good health
- stimulates digestion relieving constipation and intestinal gas
- decreasing asthma attacks through relaxation and increased pulmonary functioning

A complete line of Young Living therapeutic grade essential oils and products are available. Ask for details and a sample!

Has massage helped others?

Thanks for the relaxing cranial massage! You do great things in keeping those of us that have the pleasure of coming to you calm and still...for at least the hour that we are with you!
Beth McCarthy, Homemaker

I loved your massage. I got a massage at my hair salon in San Diego and concluded that I didn't like them. Then I had one of your massages and I loved it.
Donna Caeg, Nutritionist



Monica has given me the best massage I have received anywhere. I'll continue to recommend her to all my friends and family. Very professional too.
Valerie Thomas, Realtor



After a few sessions with Monica my low back was without pain or stiffness and my shoulder was much improved. She has a good understanding of her therapy process and explains the procedure and how it affects your injury.
George Gazzana, Retired Businessman



I am still feeling good from the massage I received on Saturday. I really liked the stone massage. I never thought I was going to fall asleep the way I did.
Al Valentino, Salon Owner

Monica is a healer. She combines multiple techniques with professionalism and compassion for her clients. She uses the most up-to-date research to help them.
Leslie Dubin, Business Owner



My chiropractor really noticed the difference the Craniosacral had on my body. Monica does a terrific job with this relaxing and gentle type of massage.
Herb Leibacher, Program Manager

